

| aan wezig | | W-Up TIMETABLE - Blok 4 18.30- 21.00 | SONEO VESTIGING | DANCE PROVINCIE | CHALLENGE | COACH | ASSEN 10-2 CATEGORIE | Kleed - kamer | Start | back- stage | W-up A | W-up B | Start Wup |
|-----------|----|---|--------------------|--------------------|-------------------------|-------|-------------------------|------------------|-------|----------------|--------|--------|-----------|
| | 1 | 058 M | Leeuwarden | Friesland | Linda Visser | | SDHH 12-17-L4 | 13 | 18.32 | 18.22 | 18.15 | 18.12 | 18.07 |
| | 2 | HDC Black Force | Coevorden | Drenthe | Merry & Esmee | | SDHH 12-17-L4 | 5 | 18.35 | 18.25 | 18.18 | 18.15 | 18.10 |
| | 3 | D.D Crew | Groningen | Groningen | Milou Anna | | SDHH 12-17-L4 | 11 | 18.38 | 18.28 | 18.21 | 18.18 | 18.13 |
| | 4 | Oxygym Teenz | Veendam | Groningen | Margriet v/d Laan | | SDHH 12-17-L4 | 2 | 18.41 | 18.31 | 18.24 | 18.21 | 18.16 |
| | 5 | House of Arowak | Assen | Assen | Ramon Arowak | | SDHH 12-17-L4 | 1 | 18.44 | 18.34 | 18.27 | 18.24 | 18.19 |
| | 6 | Extreme Legends | Hoogezand | Groningen | Wenchy & Quinty | | SDHH 12-17-L4 | 11 | 18.47 | 18.37 | 18.30 | 18.27 | 18.22 |
| | 7 | Ruby Rebels | Sneek | Friesland | Rijkel van der Land | | SDFC 16+ - L1 | 3 | 18.50 | 18.40 | 18.33 | 18.30 | 18.25 |
| | 8 | Moovz | Marieneem | Overijssel | Ilse Reinink | | SDFC 16+ - L1 | 3 | 18.53 | 18.43 | 18.36 | 18.33 | 18.28 |
| | 9 | SDM Impact | Marum | Groningen | Sanne | | SDFC 16+ - L1 | 12 | 18.56 | 18.46 | 18.39 | 18.36 | 18.31 |
| | 10 | D.D Queens | Groningen | Groningen | Milou Anna | | SDFC 16+ - L1 | 11 | 17.38 | 18.49 | 18.42 | 18.39 | 18.34 |
| | 11 | So United | Hoorn | Noord-Holland | Jose Olivieira | | SDFC 16+ - L1 | 9 | 19.02 | 18.52 | 18.45 | 18.42 | 18.37 |
| | 12 | Marvelous Dance Crew | Veendam | Groningen | Marina v/d Wal | | SDFC 16+ - L1 | 2 | 19.05 | 18.55 | 18.48 | 18.45 | 18.40 |
| | 13 | Artistique - Stromae | Emmeloord | Flevoland | Lotte Witteveen | | SHWD 16+-L4 | 13 | 19.08 | 18.58 | 18.51 | 18.48 | 18.43 |
| | 14 | Freaky Fantasy | Gramsbergen | Drenthe | Vivian & Corien | | SHWD 16+-L4 | 10 | 19.11 | 19.01 | 18.54 | 18.51 | 18.46 |
| | 15 | Dance Nation | Winschoten | Groningen | Monique & Ingrid | | SHWD 16+-L4 | 12 | 19.14 | 19.04 | 18.57 | 18.54 | 18.49 |
| | 16 | Artistique - Hot girl sh*t | Emmeloord | Flevoland | Jorien v Diepen | | SHWD 16+-L4 | 13 | 19.17 | 19.07 | 19.00 | 18.57 | 18.52 |
| | 17 | Focus | Markelo | Overijssel | Sandra Bakker | | SHWD 16+-L4 | 8 | 19.20 | 19.10 | 19.03 | 19.00 | 18.55 |
| | 18 | Artistique - Burlesque | Emmeloord | Flevoland | Jorien v Diepen | | SHWD 16+-L4 | 13 | 19.23 | 19.13 | 19.06 | 19.03 | 18.58 |
| | 19 | Tie-Wrap | Utrecht | Utrecht | Justine Wolken Schwanen | | SDHH 16+-L4 | 4 | 19.26 | 19.16 | 19.09 | 19.06 | 19.01 |
| | 20 | Afraw Nation | Sneek | Friesland | Jenny Bhasin | | SDHH 16+-L4 | 8 | 19.29 | 19.19 | 19.12 | 19.09 | 19.04 |
| | 21 | Unframed | Groningen | Groningen | Isa Vlasveld | | SDHH 16+-L4 | 10 | 19.32 | 19.22 | 19.15 | 19.12 | 19.07 |
| | 22 | B-united | Wezep | Gelderland | Carmen Olijve | | SDHH 16+-L4 | 2 | 19.35 | 19.25 | 19.18 | 19.15 | 19.10 |
| | 23 | 058 L | Leeuwarden | Friesland | Linda Visser | | JR /MO16+-L6 | 13 | 19.38 | 19.28 | 19.21 | 19.18 | 19.13 |
| | 24 | Define | Drachten | Friesland | Nicole Alkema | | JR /MO16+-L6 | 5 | 19.41 | 19.31 | 19.24 | 19.21 | 19.16 |
| | 25 | BCD Embrace | Drachten | Friesland | Chelsea Starke | | JR /MO16+-L6 | 9 | 19.44 | 19.34 | 19.27 | 19.24 | 19.19 |
| | 26 | Power Dance Squad | Coevorden | Drenthe | Ria de Jong | | JR /MO16+-L6 | 14 | 19.47 | 19.37 | 19.30 | 19.27 | 19.22 |
| | 27 | Empire | Delfzijl | Groningen | Cheryl Tualena | | SDFC 16+ - L2 | 11 | 19.50 | 19.40 | 19.33 | 19.30 | 19.25 |
| | 28 | RUSH | Bornerbroek | Overijssel | Emy & Charony | | SDFC 16+ - L2 | 14 | 19.53 | 19.43 | 19.36 | 19.33 | 19.28 |
| | 29 | Redemption | Assen | Drenthe | | | SDFC 16+ - L2 | 1 | 19.56 | 19.46 | 19.39 | 19.36 | 19.31 |
| | 30 | D-Hopz | Heerenveen | Friesland | Dylan Cornelissen | | SDFC 16+ - L2 | 6 | 19.59 | 19.49 | 19.42 | 19.39 | 19.34 |
| | 31 | Collected | Leek | Groningen | Joel Middelbos | | SDFC 16+ - L2 | 1 | 20.02 | 19.52 | 19.45 | 19.42 | 19.37 |
| | 32 | SDM Imperium | Marum | Groningen | Joël | | HHR 16+- L6 | 12 | 20.05 | 19.55 | 19.48 | 19.45 | 19.40 |
| | 33 | Diversity Crew | Drachten | Friesland | Samira Popkema | | HHR 16+- L6 | 11 | 20.08 | 19.58 | 19.51 | 19.48 | 19.43 |
| | 34 | Equality | Assen | Drenthe | Tim & Lieke | | HHR 16+- L6 | 14 | 20.11 | 20.01 | 19.54 | 19.51 | 19.46 |
| | 35 | BCD C-Nation | Drachten | Friesland | Collin van Bolhuis | | HHR 16+- L6 | 9 | 20.14 | 20.04 | 19.57 | 19.54 | 19.49 |
| | 36 | Feel Your Moves | Assen | Drenthe | Vernon Hamar | | HHR 16+- L6 | 1 | 20.17 | 20.07 | 20.00 | 19.57 | 19.52 |
| | 37 | 058 XXL | Leeuwarden | Friesland | Meysam Zeynalabedin | | HHR 16+- L6 | 13 | 20.20 | 20.10 | 20.03 | 20.00 | 19.55 |
| | 38 | Tough Kiddos | Lelystad | Flevoland | Denise & Dijo | | HHR 16+- L6 | 8 | 20.23 | 20.13 | 20.06 | 20.03 | 19.58 |
| | 39 | The Legacy ICONZ | Delfzijl | Groningen | Ramon Arowak | | HHR 16+- L6 | 11 | 20.26 | 20.16 | 20.09 | 20.06 | 20.01 |